



**Franconian International School
Hot Lunch Menu
April 2010**

	International	Vegetarian
01.- 09.04.2010	Spring Break	
12.04.2010	Turkey steak with gourmet vegetable and boiled potatoes tossed in parsley	Cheese Spätzle (noodles) with roasted onions
13.04.2010	Beef Stroganoff with Swiss Rösti (hash browns)	Vegetable stir-fry with Swiss Rösti (hash browns)
14.04.2010	Pancakes with vanilla quark and strawberries, vegetable soup	Pancakes with vanilla quark and strawberries, vegetable soup
15.04.2010	Chicken breast in pepper cream sauce with Spätzle (German-style noodles)	Hearty lentil soup with crusty bread roll
16.04..2010	Bread-crusted filet of whiting in cocktail sauce and fancy potato salad	Veggie burger in cocktail sauce and fancy potato salad
19.04.2010	Curried sausage with country potatoes, 3,13	Filled pockets mexican-style, country potatoes, curry sauce
20.04.2010	Marinated beef roast with red cabbage and Franconian dumpling	Noodle casserole with mushrooms and vegetable, cheese sauce
21.04.2010	Kaiserschmarrn (diced and sugared pancake) with apple sauce, vegetable soup	Kaiserschmarrn (diced and sugared pancake) with apple sauce, vegetable soup
22.04.2010	Hungarian potato stew with Wiener sausage, pumpkin seed roll, 3,13	Hungarian potato stew, pumpkin seed roll
23.04.2010	Bratwurst with Sauerkraut, crusty bread roll and ketchup	Ricotta pancake with roast pepper
26.04.2010	Spring roll with chicken filling, soy sauce and vegetable rice	Vegetarian spring roll, soy sauce and vegetable rice
27.04.2010	Broccoli cheese patty with vegetable sauce and herbed potatoes	Broccoli cheese patty with vegetable sauce and herbed potatoes
28.04.2010	Potato pancakes with apple sauce, vegetable soup	Potato pancakes with apple sauce, vegetable soup
29.04.2010	Chilli con carne with beef, crusty bread roll	Vegetarian chilli con carne, crusty bread roll
30.04.2010	Fried redfish with herbed quark, julienne vegetable, fried potatoes	Potato waffles with herbed quark, coleslaw

Additives:

- 1: Preservatives
- 2: Sweetener
- 3: Phosphate
- 4: Coloring
- 5: Flavor enhancer
- 6: Blackened
- 7: Waxed
- 8: Sulphur
- 9: Quinine
- 10: Caffeine
- 11: Antioxidant
- 12: Glazed
- 13: Nitrite salt
- 14: Cooked

This menu may be subject to change without notice. Dessert will be offered daily and will consist of pudding or mousse, quark, yoghurt, fruit salad or fresh fruit.

Enjoy!