



**Franconian International School
Hot Lunch Menu
December 2009**

	International	Vegetarian
1.12.2009	Grilled pork steak with cream of mushroom sauce and potato pancakes	Cheese Tortellini with cream of mushroom sauce and side salad
2.12.2009	Quarkstrudel with sour cherries and soup	
3.12.2009	Beef chili con carne with crusty bread rolls	Vegetarian chili con carne with crusty bread rolls
4.12.2009	Franconian sausages with sauerkraut and crusty bread rolls	Ricotta pancakes with tomato sauce
7.12.2009	Spaghetti bolognese with parmesan cheese to sprinkle	Spaghetti with tomato sauce and parmesan cheese to sprinkle
8.12.2009	Hungarian goulash with spätzle noodles	Veggieburger with sour cream sauce and long-grain rice
9.12.2009	Hearty pea soup with turkey sausages and crusty bread rolls 3, 13	Hearty pea soup with crusty bread rolls 3, 13
10.12.2009	Tasty pasta	Vegetarian tasty pasta
11.12.2009	Meatloaf with creamed kohlrabi and herbed potato 8, 11	Grilled tofu with creamed kohlrabi and herbed potato 8, 11
14.12.2009	Crispy breast of chicken with barbeque sauce and baked potato	Tagliatelle in tomato sauce with parmesan cheese to sprinkle 13
15.12.2009	Vegetable lasagna	
16.12.2009	Pork schnitzel cordon bleu with lemon wedges and steakhouse potatoes 13, 7	Savory pancakes with side salad
17.12.2009	Cheese spätzle noodles	
18.12.2009	Last day before the New Year Holidays – no lunch	

Additives:

- 1: Preservatives
- 2: Sweetener
- 3: Phosphate
- 4: Coloring
- 5: Flavor enhancer
- 6: Blackened
- 7: Waxed
- 8: Sulphur
- 9: Quinine
- 10: Caffeine
- 11: Antioxidant
- 12: Glazed
- 13: Nitrite salt
- 14: Cooked ham
- 15: Alcohol
- G: Genetically altered constituents

This menu is subject to change without notice. Dessert will be offered daily and will consist of pudding or mousse, quark, yoghurt, fruit salad or fresh fruit.

Enjoy!